



| LUN          | MAR | MER | JEU | VEN                                                                                                  | SAM | DIM |
|--------------|-----|-----|-----|------------------------------------------------------------------------------------------------------|-----|-----|
|              |     |     |     | 1                                                                                                    | 2   | 3   |
| 4            | 5   | 6   | 7   | 8                                                                                                    | 9   | 10  |
| 11           | 12  | 13  | 14  |  15<br>ASSOMPTION | 16  | 17  |
| 18           | 19  | 20  | 21  | 22                                                                                                   | 23  | 24  |
| 25           | 26  | 27  | 28  | 29                                                                                                   | 30  | 31  |
| TO DO LIST : |     |     |     |                                                                                                      |     |     |

NOTES :



RECETTE GLACES  
AUX FRUITS FRAIS